



MSHSL Track & Field Informational Meeting

Who: 3L - 4R Scholars

Where: Room 1428

When: Thursday, January 10

3:45-4:45 p.m.

Coaches: Mr. Hauge & Magister Sage

Following the success of the school's first athletic team this fall, the Parnassus Olympians may be seen running fast and turning left this spring! Coach Hauge and Sage will be very flexible with the athletes in determining an event of their choice or talent. For those unfamiliar with Track and Field, there are MANY running events ranging from 100 meters (matter of seconds) to 3200 meters (about two miles) with the addition of "field events" which include the long jump, triple jump, etc. Track and Field provides a great opportunity for athletes to succeed individually as well as part of a team.

Name: _____

Grade _____

Please check one option:

YES! I am interested in Parnassus Track & Field and plan to attend the informational meeting.

I am unable to attend the informational meeting, but I am interested in learning more.

**Please return this form to the SOL/SOR office by
Wednesday, December 19.**

Questions:
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