

651-453-1136

(4)

www.ckcgoodfood.com

entalis de desarro de Ti-las de desarros	Monday 1	Tuesday 2	Wednesday	Thursday 4	Friday
	Meatball Sub w/ Mozzarella Cheese	Sweet & Sour Chicken	Hearty Walking Beef Taco	Chicken Fritter Wrap w/ Youza Sauce	Beef Stroganoff
	WG Bun	Seasoned Rice		Chicken Fritters, WG Tortilia	
Hot	Cool Ranch Doritos	Crisp Salad & Homemade Dressing	Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese	Cheese & Youza Sauce	Grated Parmesan Chz w/ Parsley Wheat Dinner Roll
_unch	Steamed Corn	·	·		
	1	Fruit of the Day	Cheesy Refried Beans	Baby Carrots & Ranch	Steamed Mixed Vegetables
	Fruit of the Day / Milk (OVS)	Fortune Cookie & Milk (OVS)	Fruit of the Day / Milk (OVS) All Beef Hamburger & Bun	Fruit of the Day / Milk (OVS)	Fruit of the Day / Milk (OVS)
undle unch	Cheese Bun & Cool Ranch Doritos	Breaded Chicken Patty & Bun	Baked Cheetos	Sunseeds & Amazin Raisins Pack	4.6 oz Wowbutter & Jelly Sandw
.uricii	Veggie of the Day/Week	Veggle of the Day/Week	Veggie of the Day/Week	Cheese Stick & Cheezits	Veggie of the Day/Week
leek V	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OV5)	Fruit of the Day/Week & Milk (OVS)	Veggie of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (O\
	3	Service Confidence Con	10 Hawaiian Teriyaki Grilled Chicken		Participation of the Control of the
	Premium Chicken Nuggets	All Beef Hamburger	Sandwich	Brunch Lunch	Build your Own Beef & Chz Nach
Llow	Ketchup	WG Bun & Ketchup	Sweet Chili Doritos	French Toast Sticks & Syrup	Tortilla Chips, Seasoned Beef
Hot unch	Nacho Cheese Doritos	Cheetos	Garden Salad & Dressing	100% V Julce	Cheddar Chz Cup & Sour Crean
	Steamed Sweet Corn	Steamed Green Beans	Fruit of the Day	Fruit of the Day	Cheesy Refried Beans
	Fruit of the Day / Milk (OVS)	Fruit of the Day / Milk (OVS)	Milk (OVS)	Milk (OVS)	Fruit of the Day / Milk (OVS)
undle	Cheese Bun & Nacho Cheese Doritos	Chicken Corn Dog & Lemon	Italian Calzone	Bean & Cheese Burrito & Corn Chips	Hot Dog & Bun
unate unch	Veggie of the Day/Week	Blueberry Bites	무리 생각 하고 하는 사람들은 사람들이 되었다.		Cheetos
were entralled	해 그는 일일을 불통하는 것이 하는 그 것은 말이 없는 것이 없다.	Veggie of the Day/Week	Veggle of the Day/Week	Veggie of the Day/Week	Veggie of the Day/Week
eek VI		Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (O
	5	Caldan Chialan Tandan	Classical State of the Control of th	[18]	
	Juicy Mozzarella Burger	Golden Chicken Tenders	Cheesy Quesadilla	Sesame Chicken	Meatball Mac & Cheese
Hot	WG Bun & Ketchup	Ranch Dip	Steamed Corn	Steamed Rice	Dinner Roll
unch	Cool Ranch Doritos	Mini Goldfish Crackers	Fruit of the Day	Crisp Celery Sticks	Caesar Salad w/ Caesar Dressin
	Steamed Sweet Corn	Steamed Green Beans	Elf Grahams	Fruit of the Day	Fruit of the Day
	Fruit of the Day / Milk (OVS)	Fruit of the Day / Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)
undle	Cheese Bun	Make Your Own Nachos Chz Cup , String Chz & Corn Chips	WOW Butter Cup & Bagel	Wrapped Chz Omelette &	Meatballs & Ketchup
unch:	Veggie of the Day/Week	Veggie of the Day/Week	Honey Roasted Sun Seeds Veggie of the Day/Week	2 oz Snack Bread Veggie of the Day/Week	Nacho Cheese Chips Veggie of the Day/Week
Jeek I	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OV
	1=92	1 28		25	Windows
				La A	1.6
	~~ ∪			1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
Hot	,	\triangleright 0	PO	$\mathcal{O}_{\mathcal{O}}$	100
	School	Sabad	V Sala and	5 6 1	NO 1
	School	school,	School	School	School
unch	School	school,	School	School	School
unch	School Chasse Bun & Coal Ranch Darling	School) Breaded Chicken Patty & Bun	School All Beef Hamburger & Bun		School
unch andle	를 보인하고 아름답다는 일이 많아 되는 것 같아요.	Mixed Berry Animal Crackers	Nacho Cheese Doritos	Cheesy Pull-Apart Bread	
unch undle unch	Veggie of the Day/Week	Mixed Berry Animal Crackers Veggie of the Day/Week	Nacho Cheese Doritos Veggie of the Day/Week	Cheesy Pull-Apart Bread Veggie of the Day/Week	Veggie of the Day/Week
unch undle unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Cheesy Pull-Apart Bread	Veggie of the Day/Week
	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Veggie of the Day/Week Fruit of the Day/Week & Milk (O
unch undle unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows al	Veggie of the Day/Week Fruit of the Day/Week & Milk (O' ove ground
unch undle unch eek II	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows all Fruits and Vegetables that grow abo	Veggie of the Day/Week Fruit of the Day/Week & Milk (O pove ground ove the ground are generally
unch undle unch eek II	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows al Fruits and Vegetables that grow abo	Veggie of the Day/Week Fruit of the Day/Week & Milk (O NOVE ground I we the ground are generally olorful. Leafy vegetables,
unch undle unch eek II	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 31 Brunch Lunch French Toast Sticks, Wild Blueberries	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows al Fruits and Vegetables that grow ab low in calories. They are mostly of	Veggie of the Day/Week Fruit of the Day/Week & Milk (O' nove ground ove the ground are generally olorful. Leafy vegetables, ander this category.
unch andle unch eek II	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 31 Brunch Lunch French Toast Sticks, Wild Blueberries Syrup	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows al Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall Cucumbers, Lettuce, Peppers, Tor	Veggie of the Day/Week Fruit of the Day/Week & Milk (O' Dove ground Dove the ground are generally Colorful. Leafy vegetables, Lunder this category. Inatoes, Kale, Cabbage etc. Inder ground
unch undle unch eek II Hot unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows at Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall Cucumbers, Lettuce, Peppers, Tor Food that grows under	Veggie of the Day/Week Fruit of the Day/Week & Milk (O' bove ground ove the ground are generally olorful. Leafy vegetables, under this category. natoes, Kale, Cabbage etc. ider ground the ground absorb nutrients
unch undle unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows at Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall in Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca	Veggie of the Day/Week Fruit of the Day/Week & Milk (O' bove ground ove the ground are generally olorful. Leafy vegetables, under this category. natoes, Kale, Cabbage etc. ider ground the ground absorb nutrients rbs. They have a distinctive
unch undle unch eek II dot unch unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows at Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall in Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Calearthly flar	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Ove the ground are generally Olorful, Leafy vegetables, under this category, natoes, Kale, Cabbage etc. Ider ground the ground absorb nutrients rbs. They have a distinctive
unch undle unch eek II Hot unch indle	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows at Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall in Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Ove the ground are generally Olorful, Leafy vegetables, Under this category, Inatoes, Kale, Cabbage etc. Ider ground the ground absorb nutrients rbs. They have a distinctive Vor.
unch andle unch eek II Hot unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) sare Offered Daily (Served with Ve	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows all Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall of Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca earthly flar Beets, Carrots, Potatoes, Turr	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Ove the ground are generally Olorful, Leafy vegetables, under this category, natoes, Kale, Cabbage etc. Ider ground the ground absorb nutrients rbs. They have a distinctive
unch undle unch eek II Hot unch	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 31 Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows all Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall of Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca earthly flar Beets, Carrots, Potatoes, Turr	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Ove the ground are generally Olorful, Leafy vegetables, Under this category, Inatoes, Kale, Cabbage etc. Ider ground the ground absorb nutrients rbs. They have a distinctive Vor.
unch unch eek! unch unch eek!!!	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 29 Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) sare Offered Daily (Served with Ve	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows al Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall of Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca earthly flar Beets, Carrots, Potatoes, Turr	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Dove the ground are generally Colorful. Leafy vegetables, Under this category, Inatoes, Kale, Cabbage etc. Inder ground The ground absorb nutrients Irbs. They have a distinctive Inder, Inder, Yams, Jicama etc. Friday
unch undle unch Hot unch unch eeks III.	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Monday Garden Burger	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) Vegetarian Lunch Option Tuesday Cheese Caizone	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) s are Offered Daily (Served with Vewechesday Pizza Crunchers w/Italian Dip Wow Butter Cup, Cheese Stick &	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows al Fruits and Vegetables that grow abo low in calories. They are mostly of cruciferous vegatables fall Cucumbers, Lettuce, Peppers, Tor Food that grows ur Fruits and vegtables that grow under directly from soil and are rich in Ca earthly flan Beets, Carrots, Potatoes, Turn eggie & Fruit of the Day)* Thursday Mac & Cheese	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Ove the ground are generally Olorful. Leafy vegetables, under this category. natoes, Kale, Cabbage etc. nder ground the ground absorb nutrients rbs. They have a distinctive Or. Ilps, Yams, Jicama etc. Priday Wild Mikes Cheese Bites & Italian Sun Seeds& Raisins Pack(Has 1/20)
unch undle unch Hot unch unch unch unch unch tek: III unch tek veg	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Monday Garden Burger Cheese Bun	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) Vegetarian Lunch Option Tuesday Cheese Calzone Yogurt Cup, Cheese Stick & Muffin	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) s are Offered Daily (Served with Ve Wednesday Pizza Crunchers w/Italian Dip Wow Butter Cup, Cheese Stick & Bagel	Cheesy Puli-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows all Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall of Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca earthly flat Beets, Carrots, Potatoes, Turr eagle & Fruit of the Day)* Thursday Mac & Cheese Cheese Sandwich on Wheat Bread	Veggie of the Day/Week Fruit of the Day/Week & Milk (O Dove ground Dove the ground are generally Colorful. Leafy vegetables, Inder this category. Inder ground absorb nutrients They have a distinctive OCT. Ilps, Yams, Jicama etc. Friday Wild Mikes Cheese Bites & Italian Sun Seeds & Raisins Pack(Has 1/2 (Fruit, Chz Stick & Strawberry Bo
unch undle unch eek II unch indle unch indle indle	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Monday Garden Burger Cheese Bun Monday	Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Vegetarian Lunch Option: Tuesday Cheese Calzone Yogurt Cup, Cheese Stick & Muffin	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) s are Offered Daily (Served with Vewechesday Pizza Crunchers w/Italian Dip Wow Butter Cup, Cheese Stick & Bagel Wednesday	Cheesy Puli-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows at Fruits and Vegetables that grow abe low in calories. They are mostly of Gucumbers, Lettuce, Peppers, The Cucumbers, Peppers, P	Veggie of the Day/Week Fruit of the Day/Week & Milk (O' pove ground give the ground are generally colorful. Leafy vegetables, under this category. Indicates, Kale, Cabbage etc. Inder ground The ground absorb nutrients rbs. They have a distinctive Friday Wild Mikes Cheese Bites & Italian Sun Seeds& Raisins Pack(Has I/2 C Fruit), Chz Stick& Strawberry Be
unch undle unch Hot unch unch unch unch unch tek: III unch tek veg	Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk (OVS) Cheese Bun & Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Monday Garden Burger Cheese Bun	Mixed Berry Animal Crackers Veggie of the Day/Week Pruit of the Day/Week & Milk (OVS) 30 Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk (OVS) Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) Vegetarian Lunch Option Tuesday Cheese Calzone Yogurt Cup, Cheese Stick & Muffin	Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk (OVS) Italian Calzone Veggie of the Day/Week Fruit of the Day/Week Fruit of the Day/Week & Milk (OVS) s are Offered Daily (Served with Ve Wednesday Pizza Crunchers w/Italian Dip Wow Butter Cup, Cheese Stick & Bagel	Cheesy Puli-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS) Food that grows all Fruits and Vegetables that grow abe low in calories. They are mostly of cruciferous vegatables fall of Cucumbers, Lettuce, Peppers, Tor Food that grows under directly from soil and are rich in Ca earthly flat Beets, Carrots, Potatoes, Turr eagle & Fruit of the Day)* Thursday Mac & Cheese Cheese Sandwich on Wheat Bread	Fruit of the Day/Week & Milk (Or pove ground pove the ground are generally colorful. Leafy vegetables, under this category, natoes, Kale, Cabbage etc., nder ground the ground absorb nutrients rbs. They have a distinctive port. Ilps, Yams, Jicoma etc. Friday Wild Mikes Cheese Bites & Italian Sun Seeds& Raisins Pack(Has 1/2 of Pruit), Chz Stick& Strawberry Bo





www.ckcgoodfood.com

		erromer errom a komo en kaltina i jaron a jaron jaron jaron kaltina i jaron jaron jaron jaron jaron jaron jaro	2 Bag Breakfast Menu	Property was accomplished and a factorial solid valid and discourse and a factorial and a factorial solid and a factorial and				
The second secon	Monday 1	Monday Tuesday Wednesday Thursday Friday						
Breakfast	Assorted Breakfast Bread (1 item)	Assorted Cereal Bar (1 Item)	Pop Tart (1 item)	Strawberry Fruit Boli (1 Item)	Assorted Cereal Bar (1 item)			
Three items	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)			
meet USDA Requirements (One item	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *			
must be fruit)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)			
Week V	* Second Item in breakfast could be one of the following: Applesauce, Craisins, Cheese Stick, Cereal Bar (all options are 1 item each) * Chef's Choice may be offered daily 8 9 10 11 11 12							
	The state of the s							
Breakfast	1.5 oz Breakfast Brekkie (1 item)	Honey Bun (1 Item)	Assorted Muffin (1 item)	Stuffed Cream Cheese Bagel (1 Item)	Buttery Maple Waffle (1 Item)			
Three items	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)			
meet USDA Requirements (One item	Second Item (1 Item) *	Second Item (1 Item) *	Second item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *			
must be fruit)	Milk (OV5)	Miik (OVS)	Milk (OVS)	Milk (OV5)	Milk (OVS)			
Week VI	"Che; s Choice may be offered daily							
	=15	16		18	19			
Breakfast	Assorted Cereal Bar (1 item)	Mini French Toast Bag (1 Item)	Mini Cinnis (1 Item)	WG Apple Donut (1 Item)	Assorted Cereal Bar (1 item)			
Three items	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)			
meet USDA Requirements (One item	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *			
must be fruit)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)			
Week I	* Second Item in breakfast could be one of the following: Applesauce, Craisins, Cheese Stick, Cereal Bar (all options are 1 item each) * Chef's Choice may be offered daily							
	222		24		2.6			
Breakfast	No.	No	μ _o '	ν̈́ο	100			
Three items meet USDA Requirements (One item must be fruit)	No School	Ho School	Po School	No School	School			
Week II	* Second Item in breakfast could be one of the following: Applesauce, Craisins, Cheese Stick, Cereal Bar (all options are 1 item each) * Chef's Choice may be offered daily							
	29 30 31							
Breakfast	Assorted Muffin (1 item)	Mini Waffle Bag (1 Item)	Cinnamon Roll (1 Item)	Food that grows al	·			
Three items	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	100% 4 oz Juice (1 item)	Fruits and Vegetables that grow ab low in calories. They are mostly of cruciferous vegatables fail	colorful. Leafy vegetables,			
meet USDA Requirements (One item	Second Item (1 Item) *	Second Item (1 Item) *	Second Item (1 Item) *	Cucumbers, Lettuce, Peppers, To	matoes, Kale, Cabbage etc.			
must be fruit)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Food that grows u Fruits and vegtables that grow und	der ground absorb nutrients			
Week III		ne one of the following: Applesauce, (all options are 1 item each) * Chef's Choice may be offered daily		directly from soil and are rich in Co earthly fla Beets, Carrots, Potatoes, Tur	vor.			

Menu is subject to infrequent changes