

This institution is an equal opportunity provider

April 2021 SFSP K-12 Hybrid Combo A Lunch Menu (with options for In-School (Hot, Hot Vegetarian & Cold) & Virtual (Cold Distant Bundle))

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	<b>Food, but Not Food</b> Oatmeal is a popular ingredient in many skin soothing lotions and creams.  Citrus fruits act as natural deodorizer and insect repellent.			<b>Cheeseburger</b> Ketchup Steamed Corn Fruit of the Day Milk (OVS)	<b>Creamy Mac &amp; Cheese</b> Garden Greens Salad & Dressing Fruit of the Day Milk (OVS)
Bundle Lunch	Salt and lemon mixture removes rust.			<b>Bean &amp; Cheese Burrito</b> Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)	<b>All Beef Hot Dog Kit</b> Veggie of the Day/Week Fruit of the Day/Week & Milk (OVS)
Week III	Ketchup removes tarnish from brass fixtures.				
Hot Lunch	<b>Homemade Southwest Joe</b> WG Bun & Shredded Cheese Steamed Corn Fruit of the Day Milk (OVS)	<b>Chicken Taco Wrap</b> WG Tortilla, Crunch Chicken Shredded Cheese, Boom Sauce Creamy Bean Dip & Tortilla Chips Fruit of the Day / Milk (OVS)	<b>Old Fashioned Hamburger</b> WG Bun, Ketchup, Mustard & Pickles Cheezits Baby Carrots & Ranch Fruit of the Day / Milk (OVS)	<b>Orange Chicken</b> Seasoned Brown Rice Celery Sticks & Dip Fruit of the Day Milk (OVS)	<b>Cheeseburger Pasta Bake</b> Steamed Green Beans Fruit of the Day Milk (OVS)
Bundle Lunch	<b>Cheese Bun</b> Veggie of the Day/Week	<b>Make Your Own Nachos</b> Chz Cup, String Chz & Corn Chips Veggie of the Day/Week	<b>WOW Butter Cup &amp; Bagel</b> Cheese Stick Veggie of the Day/Week	<b>Cheesy Pull-Apart Bread</b> Veggie of the Day/Week	<b>Meatballs &amp; Ketchup</b> Nacho Cheese Chips Veggie of the Day/Week
Week IV	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	<b>Meatball Sub w/ Mozzarella Cheese</b> WG Bun Cool Ranch Doritos Steamed Corn Fruit of the Day / Milk (OVS)	<b>Sweet &amp; Sour Chicken</b> Seasoned Rice Crisp Salad & Homemade Dressing Fruit of the Day Fortune Cookie & Milk (OVS)	<b>Hearty Walking Beef Taco</b> Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese Cheesy Refried Beans Fruit of the Day / Milk (OVS)	<b>Chicken Fritter Wrap w/ Youza Sauce</b> Chicken Fritters, WG Tortilla Cheese & Youza Sauce Baby Carrots & Ranch Fruit of the Day / Milk (OVS)	<b>Beef Stroganoff</b> Grated Parmesan Chz w/ Parsley Wheat Dinner Roll Steamed Mixed Vegetables Fruit of the Day / Milk (OVS)
Bundle Lunch	<b>Cheese Bun &amp; Cool Ranch Doritos</b> Veggie of the Day/Week	<b>Breaded Chicken Patty &amp; Bun</b> Veggie of the Day/Week	<b>All Beef Hamburger &amp; Bun</b> Baked Cheetos Veggie of the Day/Week	<b>Sunseeds &amp; Amazin Raisins Pack</b> Cheese Stick & Cheezits	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b> Veggie of the Day/Week
Week V	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Veggie of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	<b>Premium Chicken Nuggets</b> Ketchup Nacho Cheese Doritos Steamed Sweet Corn Fruit of the Day / Milk (OVS)	<b>All Beef Hamburger</b> WG Bun & Ketchup Cheetos Steamed Green Beans Fruit of the Day / Milk (OVS)	<b>Hawaiian Teriyaki Grilled Chicken Sandwich</b> Sweet Chili Doritos Garden Salad & Dressing Fruit of the Day Milk (OVS)	<b>Brunch Lunch</b> French Toast Sticks & Syrup 100% V Juice Fruit of the Day Milk (OVS)	<b>Build your Own Beef &amp; Chz Nachos</b> Tortilla Chips, Seasoned Beef Cheddar Chz Cup & Sour Cream Cheesy Refried Beans Fruit of the Day / Milk (OVS)
Bundle Lunch	<b>Cheese Bun &amp; Nacho Cheese Doritos</b> Veggie of the Day/Week	<b>Chicken Corn Dog &amp; Lemon Blueberry Bites</b> Veggie of the Day/Week	<b>Italian Calzone</b> Veggie of the Day/Week	<b>Bean &amp; Cheese Burrito &amp; Corn Chips</b> Veggie of the Day/Week	<b>Hot Dog &amp; Bun</b> Cheetos Veggie of the Day/Week
Week VI	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)
Hot Lunch	<b>Juicy Mozzarella Burger</b> WG Bun & Ketchup Cool Ranch Doritos Steamed Sweet Corn Fruit of the Day / Milk (OVS)	<b>Golden Chicken Tenders</b> Ranch Dip Mini Goldfish Crackers Steamed Green Beans Fruit of the Day / Milk (OVS)	<b>Cheesy Quesadilla</b> Steamed Corn Fruit of the Day Elf Grahams Milk (OVS)	<b>Sesame Chicken</b> Steamed Rice Crisp Celery Sticks Fruit of the Day Milk (OVS)	<b>Meatball Mac &amp; Cheese</b> Dinner Roll Caesar Salad w/ Caesar Dressing Fruit of the Day Milk (OVS)
Bundle Lunch	<b>Cheese Bun</b> Veggie of the Day/Week	<b>Make Your Own Nachos</b> Chz Cup, String Chz & Corn Chips Veggie of the Day/Week	<b>WOW Butter Cup &amp; Bagel</b> Honey Roasted Sun Seeds Veggie of the Day/Week	<b>Wrapped Chz Omelette &amp; 2 oz Snack Bread</b> Veggie of the Day/Week	<b>Meatballs &amp; Ketchup</b> Nacho Cheese Chips Veggie of the Day/Week
Week I	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)	Fruit of the Day/Week & Milk (OVS)

Weeks I, III, V	Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*				
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Sun Seeds & Raisins Pack (Has 1/2 Cup Frt, Chz Stick & Strawberry Boli)
II, IV, VI	Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Veg	Cheese Quesadilla & Cholula	Cheese Lasagna	Cheese Bosco Sticks w/Italian Dip	Bean & Cheese Burrito
Cold	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Egg Salad Bun

\*Skim and 1% milk choices offered daily.

\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.