

May 2021 SFSP K-12 Hybrid Combo A Lunch Menu (with options for in-School (Hot, Hot Vegetarian & Cold) & Virtual (Cold Distant Bundle))					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	Golden Chicken Patty Sandwich WG Bun & Ketchup Baked Cheetos Steamed Mixed Vegetables Fruit of the Day / Milk	Enchilada Pasta Fresh Cilantro Steamed Sweet Corn Fruit of the Day / Milk	Build Your Own TexMex Meatball Wrap Southwest Seasoned Meatballs WG Tortilla, Shredded Cheese Sour Cream & Cholula, Shred Lettuce Fruit of the Day / Milk	Brunch Lunch Pancakes & Colby Cheese Omelet 100% V Juice Fruit of the Day Milk	Chicken & Potato Pilaf Steamed Green Beans Fruit of the Day Milk
Bundle Lunch	Personal Pan Pizza Veggie of the Day/Week Fruit of the Day/Week & Milk	Breaded Chicken Patty & Bun Mixed Berry Animal Crackers Veggie of the Day/Week Fruit of the Day/Week & Milk	All Beef Hamburger & Bun Nacho Cheese Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk	4.6 oz Wowbutter & Jelly Sandwich Veggie of the Day/Week Fruit of the Day/Week & Milk
Hot Lunch	Mongolian Meatballs Steamed Rice Baby Carrots & Ranch Fruit of the Day Milk	Cheddar Chicken Patty Sandwich WG Bun, Breaded Chicken Patty Cheddar Cheese, Ketchup Sweet Corn & Lemon Blueberry Bites Fruit of the Day / Milk	Brunch Lunch French Toast Sticks, Wild Blueberries Syrup 100% V Juice & Fruit of the Day Milk	Cheeseburger Ketchup Steamed Corn Fruit of the Day Milk	Creamy Mac & Cheese Garden Greens Salad & Dressing Fruit of the Day Milk
Bundle Lunch	Personal Pan Pizza Veggie of the Day/Week Fruit of the Day/Week & Milk	Chicken Corn Dog & Lemon Blueberry Bites Veggie of the Day/Week Fruit of the Day/Week & Milk	Italian Calzone Veggie of the Day/Week Fruit of the Day/Week & Milk	Bean & Cheese Burrito Veggie of the Day/Week Fruit of the Day/Week & Milk	All Beef Hot Dog Kit Veggie of the Day/Week Fruit of the Day/Week & Milk
Hot Lunch	Homemade Southwest Joe WG Bun & Shredded Cheese Steamed Corn Fruit of the Day Milk	Chicken Taco Wrap WG Tortilla, Crunch Chicken Shredded Cheese, Boom Sauce Creamy Bean Dip & Tortilla Chips Fruit of the Day / Milk	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickles Cheezits Baby Carrots & Ranch Fruit of the Day / Milk	Orange Chicken Seasoned Brown Rice Celery Sticks & Dip Fruit of the Day Milk	Cheeseburger Pasta Bake Steamed Green Beans Fruit of the Day Milk
Bundle Lunch	Personal Pan Pizza Veggie of the Day/Week Fruit of the Day/Week & Milk	Make Your Own Nachos Chz Cup, String Chz & Corn Chips Veggie of the Day/Week Fruit of the Day/Week & Milk	WOW Butter Cup & Bagel Cheese Stick Veggie of the Day/Week Fruit of the Day/Week & Milk	Cheesy Pull-Apart Bread Veggie of the Day/Week Fruit of the Day/Week & Milk	Wild Mikes Cheese Bites Sweet Chili Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk
Hot Lunch	Meatball Sub w/ Mozzarella Cheese WG Bun Cool Ranch Doritos Steamed Corn Fruit of the Day / Milk	Sweet & Sour Chicken Seasoned Rice Crisp Salad & Homemade Dressing Fruit of the Day Fortune Cookie & Milk	Hearty Walking Beef Taco Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese Cheesy Refried Beans Fruit of the Day / Milk	Chicken Fritter Wrap w/ Youza Sauce Chicken Fritters, WG Tortilla Cheese & Youza Sauce Baby Carrots & Ranch Fruit of the Day / Milk	Beef Stroganoff Grated Parmesan Chz w/ Parsley Wheat Dinner Roll Steamed Mixed Vegetables Fruit of the Day / Milk
Bundle Lunch	Personal Pan Pizza Veggie of the Day/Week Fruit of the Day/Week & Milk	Breaded Chicken Patty & Bun Veggie of the Day/Week Fruit of the Day/Week & Milk	All Beef Hamburger & Bun Nacho Chz Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk	Fiesta Pocket Sandwich Cool Ranch Doritos Veggie of the Day/Week Fruit of the Day/Week & Milk	4.6 oz Wowbutter & Jelly Sandwich Veggie of the Day/Week Fruit of the Day/Week & Milk
Hot Lunch	Premium Chicken Nuggets Ketchup Nacho Cheese Doritos Steamed Sweet Corn Fruit of the Day / Milk	Future Technologies in Food Industry Forward Future Food			
Bundle Lunch	Personal Pan Pizza Veggie of the Day/Week Fruit of the Day/Week & Milk	3 D Printing 3 D printing has already stepped into food industry, where a hospital in Netherlands has successfully 3D printed food for people with chewing difficulties. Enabling waste reduction, sustainability and handling complex textures and designs, 3D printing is already breaking grounds in food industry.		Vertical Farming With urbanization and reduction of agricultural lands, vertical farming is a boon to future food industry. One of the models of vertical farming is a farming tower where each floor including roof is used for producing crops.	

Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Sun Seeds&Raisins Pc, Chz Stick& Strawberry Bolt
Hot Veg	Cheese Quesadilla & Cholula	Cheese Lasagna	Cheese Bosco Sticks w/Italian Dip	Bean & Cheese Burrito	Grilled Cheese Sandwich
Cold	Yogurt, Cheese Cubes & Stuffed Cream Chz Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Egg Salad Bun

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.