Menu Info

Name : May 2022 K-8 Bagged Breakfast No Cereal

Age Group : K-8 | Meal : Breakfast | Meal Pattern : NSLP / SSO

.	Monday, May 2, 2022	Tuesday, May 3, 2022	Wednesday, May 4, 2022	Thursday, May 5, 2022	Friday, May 6, 2022
Week VI	***Large Assorted Snackbread (2 Items)***	***Chocolate Donut (2 items)***	***Apple Soft Filled Oatmeal Cereal Bar (2 items)***	***Handmade Strawberry Boli (2 items)***	***Assorted Poptart (1 item)***
Breakfast					**String Cheese (1 item) Must add to bag**
Three items meet USDA Requirements (One item must be fruit)	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*
	Chef's Choice May be Offered Daily				

.	Monday, May 9, 2022	Tuesday, May 10, 2022	Wednesday, May 11, 2022	Thursday, May 12, 2022	Friday, May 13, 2022
Week I	***Sliced Variety Bagel (2 items)***	***Honey Bun (2 items)***	***3 oz Breakfast Brekkie (2 items)***	***Strawberry Soft Filled Oatmeal Cereal Bar (2 items)***	***WG Muffin (1 Item)***
Breakfast	*w/ Non Dairy Spread (Shelf Stable) & Fruit Jelly Cup*				**String Cheese (1 item) Must add to bag**
Three items meet USDA Requirements (One item must be fruit)	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*
	Chef's Choice May be Offered Daily				

.	Monday, May 16, 2022	Tuesday, May 17, 2022	Wednesday, May 18, 2022	Thursday, May 19, 2022	Friday, May 20, 2022
Week II	***Large Breakfast Bread (2 items)***	***Apple Filled Donut (2 items)***	***Chocolate Chip Muffin (2 items)***	***Sliced Variety Bagel (2 items)***	***Corn Snackbread (1 item)***
Breakfast				*w/ Non Dairy Spread (Shelf Stable) & Fruit Jelly Cup*	** Fruited Yogurt (1 item) Must add to bag**
Three items meet USDA Requirements (One item must be fruit)	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*
	Chef's Choice May be Offered Daily				

.	Monday, May 23, 2022	Tuesday, May 24, 2022	Wednesday, May 25, 2022	Thursday, May 26, 2022	Friday, May 27, 2022
Week III	***Apple Soft Filled Oatmeal Cereal Bar (2 items)***	***WG Glazed Honey Bun (2 items)***	***Large Assorted Brekkie (2 Items)***	***Apple Filled Donut (2 items)***	***WG Muffin (1 Item)***
Breakfast					**String Cheese (1 item) Must add to bag**
Three items meet USDA Requirements (One item must be fruit)	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*
	Chef's Choice May be Offered Daily				

.	Monday, May 30, 2022	Tuesday, May 31, 2022	Chef Spotlight – Steve Fleming (Inventory Analyst)
Week IV	***Handmade Strawberry Boli (2 items)***	***Large Breakfast Bread (2 items)***	**Another Pi(e) that goes on and forever** Recently when thinking about buying a pie for holidays, I recalled a pie, that my dad had made when I was a kid, which I hadn't seen since moving to Minnesota 25 years ago. After calling around - and getting a few laughs and comical remarks - I discovered no one had even heard of such a pie at the half-dozen local bakeries I called. I also read this dessert was a favorite of Johnny Cash and decided if it was good enough for the "The Man In Black", then I'd just make my own! I don't recall ever baking a pie before myself, but this recipe was even easy enough for me. This recipe only takes 5, 6, or 7 ingredients, depending on what options you pick. (Note: While this isn't an exact copy, this is pretty close to the online recipes of the "Johnny Cash's Mom's" version.) -Steve
Breakfast			
Three items meet USDA Requirements (One item must be fruit)	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	
	Chef's Choice May be Offered Daily		Chef Steve Fleming's 'Easy Pineapple Pie' is on Page 2

Easy Pineapple Pie (Chef Steve's Recipe)

Ingredients:	Steps:
* **9-inch pie crust** (home-made, store-bought or graham Cracker) * **20 oz (or 2 1/4 cups) canned crushed pineapple in pineapple juice** (include juice when preparing) * **8 oz regular cream cheese** (This was listed as an Optional ingredient, so I decided to use it) * **1/2 cup unrefined sugar** * **1/4 tsp salt** * **4 tbsp cornstarch** ***1/2 cup shredded coconut** (Another optional ingredient, to add a layer of flavor and texture)	1. If it's not already, place an oven rack in the center of your oven, and preheat to 350 F. 2. While preheating, set pie crust aside, and stir all pie filling ingredients together. 3. Slowly pour pie filling into crust, and smooth it around to the edges. 4. When oven is ready at 350 F, put pie in center of the tray and bake for 35 minutes. 5. After removing from oven, cool pie about 20-30 minutes (filling should thicken a bit). 6. After cooling, slice & serve pie. Or you can also… Serve with Cool Whip or ice cream (vanilla bean or coconut work great), if desired. 7. (If it's not all gone…) a covered and refrigerated pie will stay fresh about 4-days, or freeze immediately to enjoy beyond that timeframe

June 2022 Menu (Subject to Change)

Menu Info			Wednesday, June 1, 2022	Thursday, June 2, 2022	Friday, June 3, 2022
Week IV			***Chocolate Donut (2 items)***	***Strawberry Soft Oatmeal Bar (2 items)***	***Assorted Poptart (1 item)***
Breakfast					**String Cheese (1 item) Must add to bag**
Three items meet USDA Requirements (One item must be fruit)			*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*
			Chef's Choice May be Offered Daily		

	Monday, June 6, 2022	Tuesday, June 7, 2022	Wednesday, June 8, 2022	Thursday, June 9, 2022	Friday, June 10, 2022
Week V	***Chocolate Chip Muffin (2 items)***	***Honey Bun (2 items)***	***Sliced Variety Bagel (2 items)***	***3 oz Breakfast Brekkie (2 items)***	***Corn Snackbread (1 item)***
Breakfast			*w/ Non Dairy Spread (Shelf Stable) & Fruit Jelly Cup*		** Fruited Yogurt (1 item) Must add to bag**
Three items meet USDA Requirements (One item must be fruit)	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*	*100% 4.23 oz Fruit Juice (1 item)* *Choice Milk & Second Fruit OVS (1 item each)*
	Chef's Choice May be Offered Daily				

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

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Menu is subject to infrequent changes