



Menu Name : Parnassus Preparatory School Grades 9-12 Lunch Menu				Options Provided : Hot & Hot Vegetarian	
Grade Level / Age Group : 9-12 Grades				Meal Pattern : NSLP      Meal: Lunch	
<b>June - 2024</b>					
	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	
<b>Hot Meal</b>	<b>Turkey Bacon Boosted Spicy Mac &amp; Cheese</b>	<b>CKC Sticky Drumstick</b>	<b>All Beef Hot Dog</b>	<b>Fresh Hot Delivered Pizza</b>	<b>Summer Holidays!</b>
	WG Roll	Wheat Thins & Wg Roll	WG Hot Dog Bun, Ketchup, Mustard	Assorted Salad Bar	
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Fresh Orange	
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice	Strawberry Bites	100% Fruit Juice	
	100% Fruit Juice & Choice Milk	Choice Milk	Bananas & Choice Milk	Choice Milk	
Hot Veg	<b>Cheese Calzone</b>	<b>Stuffed Dipping Bites w/Sauce</b>	<b>Veggie Bean Burrito</b>	<b>Fresh Hot Cheese Pizza</b>	<b>Week 1</b>
*** Hot Vegetarian Meals are served with vegetables, fruit of the day & milk.					
Skim & 1% milk served daily. All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.				The menus are 100% pork-free. All rice dishes /rice products are made of whole grain brown rice.	