



# Fencing

Session III – Winter 2025

**Who:** 1L-4R Scholars

**Where:** Palaestra

**When:** Wednesdays, 3:45-5:15 p.m.

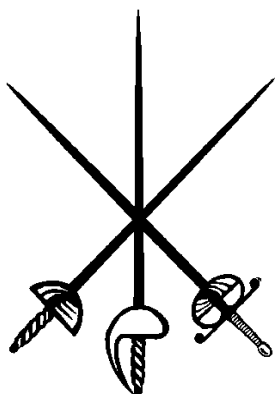
**Dates:** January 29<sup>th</sup> – March 12<sup>th</sup> (7 weeks)

**Advisor:** Mr. Murphy, Youth Enrichment League

**Fee:** \$120, payable to *Parnassus*

**Deadline:** Friday, January 24<sup>th</sup>

New and returning students are invited! Join this fast-growing Olympic sport taught by Mr. Paddy Murphy, founder and head coach of the Youth Enrichment League (YEL) Fencing Club. Mr. Murphy has a Bachelor of Science degree in Sports Management from the University of Minnesota. His strong competitive background in fencing includes coaching the Women's Foil Team that finished first at the 2023 State Championship and the Men's Foil Team that finished in third. Since founding the YEL Fencing Club, Mr. Murphy's students have succeeded at the collegiate, national, and international levels of competition.



Each Youth Enrichment League class follows four basic components: **Teach It!...** Youth Enrichment League Fencing Club crafts the lessons and curriculum. **Practice It!...** Students pair up and practice the fencing moves or concepts taught that week, rotate partners and repeat. **Move It!...** Students are then asked to mock-fence using only the moves taught so far. **Play It!...** For 15-30 minutes of each class, students fence with multiple fencers at their skill level.

All fencing equipment will be provided, but we ask that all scholars bring non-scuffing shoes, comfortable athletic clothes, and bring a water bottle to every practice.

Due to high demand in previous sessions, the maximum enrollment for this activity is 20.

## LATE PICK UP

Please note that Animus/Accendo, the after-school care program is not included with this activity. Therefore, scholars must be picked up **promptly at 5:15pm**. Scholars that are picked up late and placed in the after-care program will be charged a \$32 fee. If you know you will need after care, please email [animus@parnassusprep.com](mailto:animus@parnassusprep.com).

## REGISTER

All Parnassus activity registrations must now be completed online at: <https://parnassus-ar.schooltoday.com/> by a parent/guardian. Registration is not complete until the online registration form and payment have been submitted. Please note first-time registrants will need to create an account in our system.

Questions:

Ms. Baddin: [baddin@parnassusprep.com](mailto:baddin@parnassusprep.com) (763)-496-1416 ext. 290