

OCTOBER 2025**TASTY****HEALTHY****FUN****VARIETY****BALANCED**

Name of the menu :Bfst NSLP K-12 B Breakfast No Cereal Menu

Meal Pattern :NSLP

Grade : K-12 Grades

Meal : Breakfast

		Wednesday, 10/1/2025	Thursday, 10/2/2025	Friday, 10/3/2025
Week IV BREAKFAST		Cinnamon Swirl	Glazed Breakfast Bites	Fun Friday Breakfast
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Apple Cinnamon Brekkie
		Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
		Entrée of the Day is 2 Whole Grain Items Equivalent.		

		Monday, 10/6/2025	Tuesday, 10/7/2025	Wednesday, 10/8/2025	Thursday, 10/9/2025	Friday, 10/10/2025
Week V BREAKFAST		Cinnamon Toast Crunch Breakfast Bar	Banana Bread Super Slice	French Toast Loaf	Mini Cinnis	Fun Friday Breakfast
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Dunkin Stix
		Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
		Entrée of the Day is 2 Whole Grain Items Equivalent.				

		Monday, 10/13/2025	Tuesday, 10/14/2025	Wednesday, 10/15/2025	Thursday, 10/16/2025	Friday, 10/17/2025
Week VI BREAKFAST		French Toast Waffle	Pumpkin Muffin	Sliced Bagel w/ Strawberry Cream Cheese	Honey Breakfast Bun	Fun Friday Breakfast
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Chocolate Cake Donut
		Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
		Entrée of the Day is 2 Whole Grain Items Equivalent.				

		Monday, 10/20/2025	Tuesday, 10/21/2025	Wednesday, 10/22/2025	Thursday, 10/23/2025	Friday, 10/24/2025
Week I BREAKFAST		Blueberry Pomegranate Breakfast Bar	Vanilla Waffle	Banana Muffin	Apple Breakfast Bites	Fun Friday Breakfast
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Brekkie
		Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
		Entrée of the Day is 2 Whole Grain Items Equivalent.				

		Monday, 10/27/2025	Tuesday, 10/28/2025	Wednesday, 10/29/2025	Thursday, 10/30/2025	Friday, 10/31/2025
Week II BREAKFAST		French Toast Breakfast Bar	Pumpkin Bread Super Slice	Sliced Bagel w/ Strawberry Cream Cheese	Apple Fritter Bun	Fun Friday Breakfast
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Glazed Donut
		Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
		Entrée of the Day is 2 Whole Grain Items Equivalent.				

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					
NOVEMBER 2025					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week III BREAKFAST	Monday, 11/3/2025	Tuesday, 11/4/2025	Wednesday, 11/5/2025	Thursday, 11/6/2025	Friday, 11/7/2025
	Blueberry Loaf	Apple Muffin	Cranberry Oatmeal Bar	Glazed Pull Aparts	Fun Friday Breakfast
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Choco-Drizzle Banana Breakfast Bread
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice
					Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
Week IV BREAKFAST	Monday, 11/10/2025	Tuesday, 11/11/2025			
	Lemon Poppyseed Snackbread	Blueberry Waffle			
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice			
	Choice Milk & Second Fruit	Choice Milk & Second Fruit			
	Entrée of the Day is 2 Whole Grain Items Equivalent.				