651-453-1136

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OCTOBER 2025							
TASTY	HEALTHY	FUN	VARIETY	BALANCED			
lame of the menu :Bfst NSLP K-12 B	Meal Pattern :NSLP						
Grade : K-12 Grades		Meal : Breakfast					
		Wednesday, 10/1/2025	Thursday, 10/2/2025	Friday, 10/3/2025			
		Cinnamon Swirl	Glazed Breakfast Bites	Fun Friday Breakfast			
				Apple Cinnamon Brekkie			
		100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
		Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit			
		Entrée o	of the Day is 2 Whole Grain Items Ed	quivalent.			
Monday, 10/6/2025 Tuesday, 10/7/2025 Wednesday, 10/8/2025 Thursday, 10/9/2025 Friday,							
Cinnamon Toast Crunch				Fun Friday Breakfast			
Breakfast Bar	banana bread baper once	Trenent roust gour	min ching	r diff rody of outflaor			
				Dunkin Stix			
100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
Choice Mills & Second Smith	Chaire Mills & Casan & Family	Chaire Mills & Case of Fourt	Chaire Mills & Carry J Francis	100% 4.23 oz Fruit Juice			
Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk a Second Fruit	Choice Milk & Second Fruit			
Entrée of the Day is 2 Whole Grain Items Equivalent.							
Monday, 10/13/2025	Tuesday, 10/14/2025	Wednesday, 10/15/2025	Thursday, 10/16/2025	Friday, 10/17/2025			
French Toast Waffle	Pumpkin Muffin	Sliced Bagel w/ Strawberry Cream Cheese	Honey Breakfast Bun	Fun Friday Breakfast			
				Chocolate Cake Donut			
				Chocolate Cake Donat			
100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit			
	Entrác	of the Day is 2 Whole Grain Ttems Fa	iivalent	Onoice Mink & Second 11 dil			
·	Tuesday, 10/21/2025	Wednesday, 10/22/2025	Thursday, 10/23/2025	Friday, 10/24/2025			
Breakfast Bar	Vanilla Waffle	Banana Muffin	Apple Breakfast Bites	Fun Friday Breakfast			
				Brekkie			
100% 4.22 as Equit Tuica	100% 4 22 az Emile Tuica	100% 4 22 az Emilit Tuica	100% 4 23 az Fauit Tuica				
100% 4.23 02 Fruit Juice	100% 4.23 02 Fruit Juice	100% 4.23 02 Fruit Juice	100% 4,23 02 Fruit Juice	400% 400 5 11 5 1			
Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit			
Entrée of the Day is 2 Whole Grain Items Equivalent.							
Monday, 10/27/2025	Tuesday, 10/28/2025	Wednesday, 10/29/2025	Thursday, 10/30/2025	Friday, 10/31/2025			
French Toast Breakfast Bar	Pumpkin Bread Super Slice	Sliced Bagel w/ Strawberry	Apple Fritter Bun	Fun Friday Breakfast			
		Cream Cheese					
				Glazed Donut			
100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice			
	1			Choice Milk & Second Fruit			
		of the Day is 2 Whole Grain Items Equ					
	Monday, 10/6/2025 Cinnamon Toast Crunch Breakfast Bar  100% 4.23 oz Fruit Juice Choice Milk & Second Fruit  Monday, 10/13/2025 French Toast Waffle  100% 4.23 oz Fruit Juice Choice Milk & Second Fruit  Monday, 10/20/2025 Blueberry Pomegranate Breakfast Bar  100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Monday, 10/6/2025  Cinnamon Toast Crunch Breakfast Bar  100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  Monday, 10/13/2025  French Toast Waffle 100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  Entrée  Monday, 10/13/2025  French Toast Waffle 100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  Entrée  Monday, 10/20/2025  Blueberry Pomegranate Breakfast Bar  100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  Entrée  Monday, 10/20/2025  Tuesday, 10/21/2025  Vanilla Waffle  100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  Entrée  Monday, 10/27/2025  Tuesday, 10/28/2025  French Toast Breakfast Bar  Pumpkin Bread Super Slice  100%, 4.23 oz Fruit Juice 100%, 4.23 oz Fruit Juice Choice Milk & Second Fruit  Entrée  Monday, 10/27/2025  Tuesday, 10/28/2025  French Toast Breakfast Bar  Pumpkin Bread Super Slice	and of the menu :Bfist NSLP K-12 B Breakfast No Cereal Menu rade : K-12 Grades    Wednesdey, 10/1/2025	TASTY HEALTHY FOX VOICET  Model Pattern 7/18 LP  Model Pattern 7/18 LP  Model Stretch 7/18			

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

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## WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

			(Menu Subject to Change)	NOVEMBER 2025			
		TASTY	HEALTHY	FUN	YARIETY	BALANCED	
		Monday, 11/3/2025	Tuesday, 11/4/2025	Wednesday, 11/5/2025	Thursday, 11/6/2025	Friday, 11/7/2025	
		Blueberry Loaf	Apple Muffin	Cranberry Oatmeal Bar	Glazed Pull Aparts	Fun Friday Breakfast	
=	4ST					Choco-Drizzle Banana Breakfast Bread	
Week III	BREAKFAST	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice		
>		Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
		Entrée of the Day is 2 Whole Grain Items Equivalent.					
		Monday, 11/10/2025	Tuesday, 11/11/2025				
		Lemon Poppyseed Snackbread	Blueberry Waffle				
	۲						
Week IV	BREAKFAST	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice				
	<u>m</u>	Choice Milk & Second Fruit	Choice Milk & Second Fruit				
		Entrée of the Day is 2 Who	ole Grain Items Equivalent.				