

PARNASSUS PREPARATORY SCHOOL

School Uniform Guidelines

Parnassus Preparatory School scholars are expected to dress in a manner consistent with the school's focus on scholarship, personal character, leadership, and good citizenship. The Uniform Guidelines and Student Dress and Appearance Policy (Board Policy 504) seek to create a safe learning environment, with a unique look for each school that underscores the seriousness of learning at Parnassus and the school's formal culture.

All Parnassus scholars are required to be in proper school uniform during school hours, while on the bus, and during all school activities and events, unless otherwise specified. Attire which creates a material disruption, or which infringes on the rights of others, is not considered to be in the spirit of the Uniform Guidelines and Student Dress and Appearance Policy. Attire is expected to be clean, in good condition, and properly sized to fit. Please account for your child's growth throughout the year when purchasing uniform items to ensure they remain at the appropriate length and fit.

The school crest must be visible at all times. The crest is required on uniform shirts, jumpers, blazers, fleece, and sweaters. For crest embroidery and uniform ordering information, see the guide on the next page.

School of Rhetoric students are required to wear a blazer as part of their daily uniform. For scholars in levels Prima through Fourth Level Logic (4L), scholars may wear a blazer if they wish to do so. Any blazer worn by scholars in the Schools of Grammar and Logic must follow same guidelines as the School of Rhetoric blazer.

Please remember to clearly label all of your child's uniform items with their full name. All uniform items look alike in the lost and found, and items have a much better chance of being recovered if staff can identify the scholar to whom they belong.

Any medical or religious concerns or limitations that might preclude a scholar from meeting the Uniform Guidelines should be addressed with your child's school principal to determine if reasonable accommodations are necessary. All requests for exceptions to the school uniform policy and guidelines must be submitted in writing to the school principal.

The Uniform Guidelines at Parnassus are not meant to be financially prohibitive nor affect any student's ability to attend our school. Families that qualify for Educational Benefits (Free and Reduced Meals) may also request assistance with certain uniform requirements. Requests for financial assistance will be handled confidentially by contacting Ms. Mick at mick2@parnassusprep.com.

Any questions regarding the uniform dress code and standards should be sent to your child's principal.

Parnassus Preparatory School partners with Tommy Hilfiger School Uniforms and Rodriguez Embroidery to offer school uniform items. We recognize that families may choose to order from Tommy Hilfiger School Uniforms or purchase items from another company. Rodriguez Embroidery will embroider the school crest on uniform items from other vendors, including blazers, sweaters, shirts, and fleece items, at their retail store, The 'Sota Shop, as long as the item's color and style conform to the Uniform Guidelines. *Please note:* To ensure color fidelity, all plaid items must be purchased from Tommy Hilfiger School Uniforms. All light blue shirts must be purchased from either Tommy Hilfiger School Uniforms or The 'Sota Shop.

Instructions for Online Ordering from Tommy Hilfiger School Uniforms

Please follow these instructions for placing online orders with Tommy Hilfiger School Uniforms:

1. Go to www.globalschoolwear.com.
2. On the *Find Your School* page, please enter either our Partner School Number (PARNo1) or simply enter the name of our school to search for Parnassus.
3. You will be asked for some information about your child, including their grade or school level – School of Grammar, School of Logic, Fourth Level Logic (4L), or School of Rhetoric, as well as their program (Daily Uniform or PE). Once you have selected the right options for your child, click *Shop for this School*. The website will then display the uniform items that meet the requirements for your child's school level.
4. The website will inform you which products require the school crest (referred to as a *logo* on their site), as well as those products for which the crest embroidery is optional.
5. Once you have clicked on a product for purchase, you will be prompted select your color, crest, size, and quantity. The items will be added to your shopping cart, and you will be prompted to either check out or to continue shopping.
6. Tommy Hilfiger School Uniforms has a wide range of sizes for each item, inclusive of many ages, heights, and body types. If you have questions about sizing, click the *Size Chart* link, and follow the instructions. If you still have questions after using the *Size Chart*, please call the toll-free customer service number below. The customer service team will be happy to assist you. You will then be ready to select the correct sizes with confidence.
7. Upon placing your order, you will receive an email confirming that your order has been received. Once your order has shipped, you will receive an email confirming shipping date and tracking information.
8. Your order history will be stored in your account, and you can come back to the website anytime to place additional orders.

For all customer service questions, please call 1-800-217-7761. Customer service representatives are available 24 hours a day, seven days a week. Customer service is available in both English and Spanish.

Instructions for Online Ordering from The Sota Shop

Parnassus has partnered with The Sota Shop, a locally owned and operated retailer, to sell a variety of approved uniform shirts and fleece jackets, with the school crest already embroidered on them.

Please follow these instructions to purchase online from their website:

1. Click this link to go directly to the Parnassus collection found on their website:
<https://thesotashop.com/collections/parnassus-preparatory-school>
2. Once on the Parnassus collection page, you can click on each item and see the different color choice and size options
3. Select your color (if applicable) and size and then "ADD TO CART"
4. Once you have added all items to your cart, click "CHECK OUT" and proceed to your shipping options. *Shipping is FREE for orders of \$75 or more, otherwise you can choose which shipping option you'd like.
5. You'll then receive a confirmation email for your order and another email, once your item ships.
6. Email sales@thesotashop.com with any questions.

Rodriguez Embroidery/The 'Sota Shop' Information

Parnassus partners with Rodriguez Embroidery, a locally owned and operated business, to embroider our school crest on uniform items purchased from vendors other than Tommy Hilfiger School Uniforms, so long as those items are approved as a substitution.

Rodriguez Embroidery offers services at their retail location, The 'Sota Shop, conveniently located near school at 11502 96th Avenue North in Maple Grove. They can be contacted at 763-400-7380 or at info@thesotashop.com. For more information and detailed directions, please visit their website, www.thesotashop.com.

The cost of adding the school crest to a blazer, shirt, sweater, fleece, or vest will be \$15.00 per item.

School of Grammar Uniform Guidelines

Item	Color & School Crest Requirements	Specifications
Collared Polo or Button Down Shirt or Blouse	White, Light Blue* School crest is required	<p>May be short or long-sleeved Shirt must be kept tucked in at all times No more than the top button may be left undone</p> <p><i>*Please note that light blue shirts may only be purchased from Tommy Hilfiger School Uniforms or The 'Sota Shop to ensure color fidelity</i></p>
Sweater, Vest, or Fleece	Navy School crest is required	<p>An approved collared uniform shirt must be worn underneath No hoods or sweatshirt material permitted Cardigans must be no longer than fingertip length</p>
Pants and Shorts*	Navy	<p>Pants must be long enough so that the hem reaches the top of the foot and covers the ankle bone Cargo pockets are not permitted Denim is not permitted</p> <p><i>*Pants and shorts must fit appropriately to allow the uniform shirt to remain tucked in at all times</i></p> <p><i>*Knee length shorts are permitted only in August – September and May – June</i></p>
Jumper	Clear Blue Plaid School crest is required	<p>Length must be modest and appropriate Skirts & jumpers must be worn with shorts, tights, or leggings underneath</p> <p><i>*Skirts must fit appropriately to allow the uniform shirt to remain tucked in at all times</i></p>
Skirt	Clear Blue Plaid	
Socks, Tights, Leggings	When visible (such as when wearing shorts or skirts), socks, tights, and leggings must be solid colors only: White, Navy, Black, or Gray	<p>Leggings and socks must cover the ankle bone and must not have trim or embellishments such as lace Knee socks are permitted Socks are required with leggings or shorts Sock color does not matter when wearing full-length pants</p>
Shoes & Shoelaces	White, Black, Brown, Blue, Gray	<p>Shoes must cover the bridge of the foot and have a closed toe and closed heel Maximum heel height of one inch or lower No sandals, crocs, moccasins, boots, or Uggs No light-up shoes or shoes with retractable wheels</p>
Undershirts	Solid White	Recommended under uniform shirts
Necktie	Clear Blue Plaid	Optional; not required
Jewelry	n/a	Stud earrings only
Watches	n/a	No toy or smart watches may be worn at school Must stay in backpack if taken to school

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School of Grammar Uniform Guidelines (continued...)

Hair Accessories	Clear Blue Plaid or one solid color of Black, White, Navy, Light Blue, Gray, Tan	Must be plain in appearance with no embellishments such as sequins, glitter, jewels, tassels, etc.
Head Coverings	Solid colors only: Black, White, Navy, Light Blue, Gray, or Tan	Head coverings may be worn for religious purposes Must be plain in appearance without patterns, writing, or embellishments
Other	n/a	Facial hair is not permitted Face masks/coverings must be a solid color and free from graphics or writing All permanent or temporary body art must be covered and not visible Hats, scarves, or bandannas are not permitted in school Undergarments must not be visible

School of Logic – First Through Third Level Logic(1L – 3L) Uniform Guidelines

Item	Color & School Crest Requirements	Specifications
Collared Polo or Button Down Shirt or Blouse	White, Light Blue* School crest is required	May be short or long-sleeved Shirt must be kept tucked in at all times No more than the top button may be left undone <i>*Please note that light blue shirts may only be purchased from Tommy Hilfiger School Uniforms or The 'Sota Shop to ensure color fidelity</i>
Sweater, Vest, or Fleece	Red School crest is required	An approved collared uniform shirt must be worn underneath No hoods or sweatshirt material permitted Cardigans must be no longer than fingertip length
Pants and Shorts*	Navy	Pants must be long enough so that the hem reaches the top of the foot and covers the ankle bone Cargo pockets are not permitted Denim is not permitted <i>*Knee length shorts are permitted only in August – September and May – June</i>
Skirt	Navy	Skirt must be knee-length Must be worn with shorts, tights, or leggings underneath
Socks or Tights	When wearing a skirt or shorts, socks must be Black, White, Navy, Light Blue, or Gray	Knee socks are permitted When wearing pants, sock color does not matter
Leggings	Black, White, Navy, Light Blue, Gray	Leggings must be full length – to the foot No trim, lace, or embellishments
Belt	Solid colors only: Black, Brown, Navy	Required when wearing pants or shorts
Shoes & Shoelaces	Black, White, Brown, Blue, Gray	Shoes must cover the bridge of the foot and have a closed toe and closed heel Maximum heel height of one inch No sandals, crocs, moccasins, boots, or Uggs No light-up shoes or shoes with retractable wheels
Undershirts	Solid White	Recommended under uniform shirts
Neckties	Navy	Optional; not required
Jewelry	n/a	Stud earrings only
Watches	n/a	Smart watches may not be worn at school Must stay in backpack if taken to school
Hair Accessories	Solid colors only: Black, White, Navy, Light Blue, Gray, Red, Tan	Must be plain in appearance with no embellishments such as sequins, glitter, jewels, tassels, etc.
Head Coverings	Solid colors only: Black, White, Navy, Light Blue, Gray, Red, Tan	Head coverings may be worn for religious purposes Must be plain in appearance without patterns, writing, or embellishments
Other	n/a	Facial hair is not permitted Face masks/coverings must be a solid color and free from graphics or writing All permanent or temporary body art must be covered and not visible Hats, scarves, or bandannas are not permitted in school Undergarments must not be visible

School of Logic – Fourth Level Logic (4L)

Uniform Guidelines

Item	Color & School Crest Requirements	Specifications
Collared Button Down Dress Shirt or Blouse	White, Light Blue* School crest is required	<p>May be short or long-sleeved Shirt must be kept tucked in</p> <p>*Please note that light blue shirts may only be purchased from Tommy Hilfiger or The 'Sota Shop to ensure color fidelity</p>
Necktie	Simple patterns (stripe, polka dot, plaid) or solid colors; must coordinate with colors of school crest No graphics or writing	<p>A necktie, cross-tie, or bowtie is required for all students when in uniform Pocket squares are optional and must follow the same color guidelines as ties</p>
Sweater or Sweater Vest	Red School crest is required	<p>An approved, collared uniform shirt must be worn underneath No hoods or sweatshirt material are permitted Cardigans must be no longer than fingertip length Fleece garments are not allowed in Fourth Level Logic (4L)</p>
Pants	Navy	<p>Pants must be long enough so that the hem reaches the top of the foot and covers the ankle bone Denim or cargo-style pants are not permitted</p>
Skirt	Navy	<p>Skirt must be knee-length Must be worn with shorts, tights, or leggings underneath</p>
Socks or Tights	When wearing a skirt or shorts, socks must be Black, White, Navy, Light Blue, or Gray	<p>Knee socks are permitted When wearing pants, sock color does not matter</p>
Leggings	Black, White, Navy, Light Blue, Gray	<p>Leggings must be full length – to the foot No trim, lace, or embellishments</p>
Belt	Solid Black, Brown, or Navy	Required when wearing pants or shorts
Shoes & Shoelaces	Black, White, Brown, Blue, Gray	<p>Shoes must cover the bridge of the foot and have a closed toe and closed heel Maximum heel height of one inch No sandals, crocs, moccasins, boots, or Uggs No light-up shoes or shoes with retractable wheels</p>
Undershirts	Solid White	Recommended under uniform shirts
Jewelry	n/a	Stud earrings only
Watches	n/a	Smart watches may not be worn at school Must stay in backpack if taken to school
Hair Accessories	Solid colors only: Black, White, Navy, Light Blue, Gray, Red, Tan	Must be plain in appearance with no embellishments such as sequins, glitter, jewels, tassels, etc.
Head Coverings	Solid colors only: Black, White, Navy, Light Blue, Gray, Red, Tan	Head coverings may be worn for religious purposes Must be plain in appearance without patterns, writing, or embellishments
Other	n/a	<p>Facial hair is not permitted Face masks/coverings must be a solid color and free from graphics or writing All permanent or temporary body art must be covered and not visible Hats, scarves, or bandannas are not permitted in school Undergarments must not be visible</p>

School of Rhetoric Uniform Guidelines

Item	Color & School Crest Requirements	Specifications
Blazer	Navy School crest is required	A traditional, professional-style blazer with brass or navy buttons is required to be worn at all times Blazers purchased from vendors other than Tommy Hilfiger MUST BE APPROVED by the School of Rhetoric Principal or designee
Collared Button Down Dress Shirt or Blouse	White or Light Blue	May be short or long-sleeved Shirt must be kept tucked in at all times or cannot be lower than the blazer <i>*Please note that light blue shirts may only be purchased from Tommy Hilfiger or The 'Sota Shop to ensure color fidelity</i>
Sweater or Sweater Vest	Shades of Red or Gray	Optional; may be worn under the blazer No sweatshirt material An approved, collared uniform shirt must be worn underneath
Necktie / Ascot*	Simple patterns (stripe, polka dot, plaid) or solid colors; must coordinate with colors of school crest No graphics or writing	A necktie, cross-tie, or bowtie is required for all students when in uniform Pocket squares are optional and must follow the same color guidelines as ties <i>*An ascot is an option to wear in place of a tie on Fridays only Patterns and colors for ascots must follow the tie requirements</i>
Dress Slacks	Khaki	Pants must be long enough so that the hem reaches the top of the foot and covers the ankle bone Cargo pockets are not permitted
Skirt	Khaki	Length must be modest and appropriate Must be worn with shorts, tights, or nylons underneath
Socks	When wearing a skirt, socks must be Navy, Red, White, Gold, or Gray	Dress socks only Knee socks are permitted When wearing dress slacks, color does not matter
Tights & Nylons	Solid colors: White, Navy, Gray, Skin-tone, black	Full-footed tights or nylons only Leggings are not permitted
Belt	Solid Black or Dark Brown	Required when wearing dress slacks
Shoes	Solid colors only: Black or Dark Brown Soles must be dark in color	Solid dark brown or black dress shoes are required Shoes must have a closed toe and closed heel Maximum heel height of two inches No boots above the ankle are allowed
Undershirts	Solid White	Recommended under uniform shirts
Physical Education Uniform	Solid gray T-Shirt (required) Navy Shorts/Navy Track Pants Running shoes Sweatshirt (optional)	Solid gray t-shirt with no designs No tank tops, sleeveless shirts, or compression shirts Shorts or track pants need to be solid navy and from the Parnassus Tommy Hilfiger school uniform site Sweatshirts need to be plain red and free of text or graphics Blazers are not to be worn during physical education
Jewelry	n/a	Stud earrings only Up to four Parnassus-awarded lapel pins may be worn at one time No other pins are allowed

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School of Rhetoric Uniform Guidelines (continued...)

Watches	n/a	Smart watches may not be worn at school Must stay in backpack if taken to school
Hair Accessories and Beads	Solid colors only: Black, White, Navy Blue, Light Blue, Reds, Tan	Must be plain in appearance with no embellishments such as sequins, glitter, jewels, tassels, etc.
Head Coverings	Solid colors only: Black, White, Navy Blue, Light Blue, Reds, Tan	Head coverings may be worn for religious purposes Must be plain in appearance without patterns or embellishments
Other	n/a	Facial hair is not permitted Face masks/coverings must be a solid color and free from graphics or writing All permanent or temporary body art must be covered and not visible Hats, scarves, or bandannas are not permitted in school Undergarments must not be visible

Parnassus Preparatory School Dress Code for Non-Uniform Events

“Non-Uniform Events” include, but are not limited to, school-sponsored social events such as fun nights, movie nights, dances, etc. The School of Rhetoric Formal has a separate dress code, which will be provided to students in advance of the event each spring.

We take pride in the appearance of our students at all school-sponsored events and activities. How one acts is often affected by one’s attire, which is a guiding premise for student uniforms during the instructional day as well as at school events. Students are expected to dress appropriately in clean, well-fitting clothing that is appropriate for the weather and the occasion. Students dress or attire must adhere to the following *minimum* standards, which align with the school’s Student Dress and Appearance Policy:

- Students may not wear scanty or revealing clothing. Examples of these items include **but are not limited to** tube tops, halter tops, backless tops, strapless tops, spaghetti straps, and clothing that exposes the midriff and/or undergarments.
- Students must wear shoes/appropriate footwear at all times.
- No garments that advertise alcohol, alcohol establishments, tobacco products, or other drugs may be worn.
- No attire with messages or symbols that include profanity, violent or sexual language/actions, or inappropriate subject matter is allowed.
- Any attire or accessory which, by its design, use, or intended use could cause bodily harm, property damage, or intimidation to other persons, may not be worn. Examples of these items include, **but are not limited to**, chains, leather straps, pet collars, and spikes.
- No attire with any gang-related purpose is allowed.
- Body markings or tattoos must be fully covered at all times.

The above list is not meant to be exhaustive; rather, it is intended to provide some idea of acceptable dress. Since styles of clothing change rapidly, the administration reserves the right to restrict certain fashions that are inappropriate, as well as interpret what is considered to be in poor taste or distracting to the school-sponsored activity.

Music Performance Dress Code

- Must be regular school uniforms
- No special dress required

Dress Code for Extracurriculars and Activities

When participating in a school-sponsored extracurricular activity, students are generally expected to wear their Parnassus uniforms. For athletic activities where the normal school uniform would impede required physical activity – such as Running Club or Fencing, for example – the school has issued the following dress code.

Students are expected to dress appropriately in clean, well-fitting clothing that is appropriate for the weather and the occasion. Students dress or attire must adhere to the following *minimum* standards. The standards maintained align with the school's dress code policy.

- Undergarments must not be visible
- Students must wear shoes/appropriate footwear at all times.
- No garments that advertise alcohol, alcohol establishments, tobacco products, or other drugs may be worn.
- No attire with messages or symbols that include profanity, violent or sexual language/actions, or inappropriate subject matter is allowed.
- Any attire or accessory which, by its design, use, or intended use could cause bodily harm, property damage, or intimidation to other persons, may not be worn. Examples of these items include, **but are not limited to**, chains, leather straps, pet collars, and spikes.
- No attire with any gang-related purpose is allowed.
- Body markings or tattoos must be fully covered at all times.

The above list is not meant to be exhaustive; rather, it is intended to provide some idea of acceptable dress. Since styles of clothing change rapidly, the administration reserves the right to restrict certain fashions that are inappropriate as well as interpret what is considered to be in poor taste or distracting to the school-sponsored activity.

School of Rhetoric Toga Day Dress Code

- All students participating in the dress-up day must wear their regular uniforms under their togas. They may remove their blazers, which should be kept in their lockers during the day.
- Togas must be solid colors only. No prints or writing.
- Togas should be worn in the style of classical orators from ancient times – solid color sashes are allowed.
- Toga choice must be school appropriate and academic in nature.
- Our focus will remain on teaching and learning. Please ensure that togas do not impede normal movement.
- Weapons, real or fake, are not allowed.
- Students who do not wish to participate in the dress-up day should plan to wear their school uniforms in accordance with the normal school uniform policy.